



FIFTH ANNUAL OVAL MELTDOWN

Hosted by The Speedy Kids Oval Program Society

DATE: Saturday February 15th – Sunday February 16th, 2020

LOCATION: The Oval | 5775 Cogswell Street | Halifax, Nova Scotia

MEET COORDINATOR: Lisa Gannett – speedykidsovalprogram@gmail.com

SANCTION: Speed Skate Nova Scotia – Regional Sanction

EVENTS: The competition is open to anyone registered as a Skater with a Club that is a member of a Branch of Speed Skating Canada. The competition is also open to Skaters not yet registered with Speed Skating Canada: simply register as a “Special Event – Competition” member of Speed Skate Nova Scotia.

Participants of all ages and abilities, whether experienced or new to speed skating, are welcome. **Ages for Olympic Style Sprint Racing are determined by the skater’s age ON THE DAY OF THE EVENT.**

SATURDAY’S EVENTS

- **Mass Start Racing:** skaters of all ages will be placed in racing groups and assigned four distances based on age, speed, and experience
- **Pursuit and Relay Racing:** skaters of all ages will be seeded onto pursuit or relay teams: instruction and practice will be provided

SUNDAY’S EVENTS

- **Olympic Style Sprint Racing:**
 - Ages 4-7: 100m & 100m
 - Ages 7-10: 100m & 200m
 - Ages 10-13: 100m & 500m
 - Ages 13 & older: 500m & 1000m
- **Distance races:** skaters of all ages will be placed in racing divisions and assigned an appropriate long distance based on age, speed, and experience
- **Icy Slice Pizza Party & Games:** celebrate together with a slice of pizza!

SAFETY: The Oval Meltdown is a developmental competition. A minimum of Level 2 crash protection will be provided. Any additional crash protection will depend on the weather cooperating to furnish snowbanks on the corners. It will be at the Chief Referee’s discretion whether [skaters with KEF values of 0.55 and over](#) are permitted to participate in the sprint races.

MANDATORY EQUIPMENT:

For skaters 15 years of age and over, equipment shall conform to D3-200 for Olympic Style racing and to D3-300 for Mass Start racing. For skaters under 15 years of age, equipment shall conform to D3-300 and D3-301 for both Olympic Style and Mass Start racing.

PRACTICE ICE: Friday February 14, 2020 | 7:00am – 9:30am and 4:00pm – 6:00pm | Halifax Oval

CHECK IN: By Club | Saturday February 15, 2020 & Sunday February 16, 2020 | 7:30am [tentative] | Halifax Oval

WARMUP: Saturday February 15, 2020 & Sunday February 16, 2020 | 8am [tentative] | Halifax Oval

RACE SCHEDULE: A detailed schedule of events will be available after entries close on February 7, 2020. All events will take place between 7am and 1pm on Saturday February 15, 2020 and Sunday February 16, 2020

ACCOMMODATIONS: Cambridge Suites Halifax, 1583 Brunswick Street, Halifax, NS. When booking mention "Fifth Annual Oval Meltdown". The rate is \$105.00 plus tax for a Studio Room accommodation with a queen bed and pull-out sofa or two queen beds (it includes continental breakfast, local calling, and high speed internet). Parking is \$11.00 plus tax with this special rate.

REGISTRATION: Individual registration for the competition is online at <https://speedykids.ca/fifth-annual-oval-meltdown/>. For participants in the Speedy Kids After-School Program, entry forms can be returned to Joe Blackwood at St George's YouthNet and Mookie Magloir at the George Dixon Centre.

ENTRY DEADLINE: **FRIDAY FEBRUARY 7, 2020 at 6pm | Late entries will not be accepted**

REGISTRATION FORM: FIFTH ANNUAL OVAL MELTDOWN

Name:	
Address:	
Email:	Telephone #:
Club:	Coach:
Date of Birth:	<input type="checkbox"/> Male <input type="checkbox"/> Female
Age (on day of event):	Speed Skating Canada #:

Category & Event Options	
SSNS Special Event – Competitive membership	<input type="checkbox"/> For skaters not registered with Speed Skating Canada
SATURDAY	
Mass Start Racing	<input type="checkbox"/> All Ages
Pursuit and Relay Racing	<input type="checkbox"/> All Ages
SUNDAY	
Olympic Style Sprint Racing	<input type="checkbox"/> 100m & 100m (ages 4-7) <input type="checkbox"/> 100m & 200m (ages 7-10) <input type="checkbox"/> 100m & 500m (ages 10-13) <input type="checkbox"/> 500m & 1000m (ages 13 & older)
Distance Racing: ISU Mass Start	<input type="checkbox"/> All Ages
Extra Events	<input type="checkbox"/> Icy Slice Pizza Party

OFFICIAL ENTRY FORM, WAIVER, AND RELEASE

By signing this entry form I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all right and claims for damages I may have against Speed Skating Canada, Speed Skate Nova Scotia, The Speedy Kids Oval Program Society, the Organizing Committee, the City of Halifax, the Emera Oval, and other organizations and sponsors concerned, their agents, officers or members, for any and all injuries suffered by me at said contest to be held from February 15-16, 2020, at the Emera Oval at Halifax NS, Canada.

This information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required for registration in the competition. Organization of competitions/events requires that names will appear on posted race lists and results printouts. Names and/or images of participants may be published in print or online by news media or for promotional purposes.

I have hereunto set my hand and seal, this _____ day of _____, 20____.

Signature of Participant _____

Signature of Parent/Guardian (if participant is under 19) _____

REGISTRATION DEADLINE – FRIDAY FEBRUARY 7TH, 2020 AT 6:00 P.M.